



# kitchen plot

## Urban Vegetable List

Deciding what to plant in your urban kitchen plot? These vegetables are easy to grow in small spaces, have a high yield, and taste better than grocery store vegetables. Visit [www.KitchenPlot.com](http://www.KitchenPlot.com) for more!

	easy grow	fast growth	high yield	small space
Arugula	●	●	●	●
Beans (pole)	●		●	
Beets	●		●	●
Broccoli	●			
Broccoli Rabe	●			
Carrots	●	●	●	
Chard	●	●		
Chilies	●		●	
Cucumber			●	
Garlic	●			●
Greens (Mustard, Asian)	●		●	●
Kale	●	●	●	●
Lettuce		●		●
Onions	●		●	●
Peas		●	●	●
Peppers (sweet)	●		●	
Potatoes	●		●	
Radishes		●	●	●
Spinach		●		●
Summer Squash	●	●	●	
Tomatoes			●	●
Turnips	●		●	●

**Bonus: Best flowers for pollinators and pest control!** Geraniums, Marigolds, Nasturtiums, Petunias, Sunflowers